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Introduction from the chair and chief executive

This year has seen unprecedented public awareness about violence and abuse against women and girls (VAWG) in the UK. The Domestic Abuse Bill consultation was an opportunity for survivors, experts and campaigners to be heard, to transform our response to domestic abuse and to recognise in law its many forms, including economic and psychological abuse.

Yet this is also the year where reported domestic abuse incidents and domestic homicides have reached a new peak, the highest in five years in London and across the UK. One in four women and girls, more than 4 million, will still suffer domestic abuse in their lifetime; two women are still killed every week by a current or ex-partner; one in five children will still live in a home with domestic abuse, often direct victims themselves; and the number of women caught in the criminal justice system continues to be high.

As we delivered our first year of Advance’s current five-year strategy, the need for our services has never been greater, with over 7,000 referred to Advance. Our strategy is based on our continued commitment to support women and children suffering domestic abuse to be safe and change their lives, and those caught in the criminal justice system to end the cycle of re-offending, helping to keep families together and to build positive futures.

Not only is the need for our services at a peak, but is also more complex. As such, we have launched new innovative services to reach women with multiple disadvantages and needs, including domestic abuse, mental health, problematic substance use and homelessness. These services are delivered through our pan-London Minerva WrapAround programme, our Women’s Centres and our Meeting Survivors Where They Are programme. We were able to build on existing partnerships and develop new ones, collaborating with specialist organisations across London, to share best practice and maximise impact.

Advance continues to amplify the voice and experience of women and children service-users, to promote systems-change in a coordinated community response and to share our practice-based evidence with policy makers. We continued to work with Government, at local and national level, to highlight the need for vital specialist community-based services for survivors and for those caught in the criminal justice system, recognising that they themselves are often victims of abuse and trauma.

We face significant challenges, including economic and political uncertainty, a tough fundraising environment and a changing commissioning context for VAWG services. In response, we have invested in our fundraising efforts to diversify our income streams, so that we can plan for a more sustainable future, to enable us to continue our vital work with survivors and their families.

Every day we are inspired by those we support, which would not be possible without the amazing women in our teams across Advance and our Board of Trustees, all of whom are passionately committed to a world where women and girls can lead safe, violence-free and equal lives. We thank you all.

Christine Losecaat MBE  Chair
Niki Scordi  Chief Executive Officer
We work in a whole-system approach, collaborating with other statutory and non-statutory providers, to deliver a coordinated community and gendered response, improving access to services, enabling consistency and continuity of support throughout her journey.

Domestic abuse has a devastating and often long-lasting impact on many aspects of survivors’ lives, including housing, finances, health, children and family, legal matters and issues resulting from coping with trauma, including mental health and substance misuse.

Women who have committed crime also often experience trauma themselves, with more than half of the women reporting domestic abuse, highlighting the link between domestic abuse and offending behaviour. As a result of being sentenced, women are impacted by the stigma of offending, as well as needing support for issues relating to housing, finances, physical and mental health, substance misuse, children and families, and employment. Women are more often than not the primary care-givers and when in custody, even for short periods, the impact on the children and families can be significant and long-term.

Our vision
is a world in which women and children lead safe, equal, violence-free lives so that they can flourish and actively contribute to society.
We do this through our mission of saving and changing lives, by working with women who experience domestic abuse to be safe and take control of their lives, and women who have committed crime or are at risk of offending to break the cycle.

Our approach
is holistic and centred on the survivor, working with them to develop a safety and support plan that responds to their needs and empowers them, on the often long journey to recovery from the trauma of their experience.

We work
in a whole-system approach, collaborating with other statutory and non-statutory providers, to deliver a coordinated community and gendered response, improving access to services, enabling consistency and continuity of support throughout her journey.
Domestic Abuse Services

We continue to experience an increase in the need for our domestic abuse services, with 5,798 referrals of survivors suffering domestic abuse and violence made to Advance.

3,784
direct referrals

1,872
children with their mothers supported

As the journey for survivors of domestic abuse can often be long as they rebuild their lives, we have focused on ensuring we can provide support at each stage that meets the survivors’ needs through our services:

- Crisis support, risk management and safety planning for women and children suffering domestic abuse at all levels of risk, including risk of homicide or harm from perpetrators. We do this through our Independent Domestic Abuse Advisor (IDVA) services, which were once again accredited by SafeLives “Leading Lights” this year.
- Emotional and practical help for survivors of domestic abuse and violence through the criminal justice system, including targeted advocacy and support for those who report to the police, working in partnership with the Police, Courts and Crown Prosecution Service through the process.
- Advocacy and support for women accessing local authority services for help through our co-located Advocates in statutory settings such as children’s services, housing and hospitals, who are referred to our co-located Advocates and working in a coordinated community response with statutory agencies to provide an improved response to survivors.
- Holistic, woman-centric and often longer-term support for women and girls who have experienced domestic violence and abuse, with multiple and complex needs linked to their experiences, including those who are homeless, through our Domestic Abuse Outreach Advocates and specialist groups and activities at our Women’s Centre.
- Providing specialist support to children and young people from the age of 5 to 18 affected by experiences of domestic abuse and responding to their needs, in collaboration with Children’s Services and schools.

We also work in partnership with professionals and organisations, in statutory and non-statutory settings in a whole-system approach to raise awareness and deliver systems changes needed to improve the response to survivors, including:

- Raising awareness of domestic abuse and its impact through workshops and individual consultation sessions with professionals in statutory and non-statutory settings for earlier intervention, by improving their response and enabling access to support for survivors.
- Preventative education and awareness events and training in communities, schools and within statutory and non-statutory settings, as well as in partnership with other organisations, in order to improve the response to all forms of violence and abuse against women and girls (VAWG).
- Identifying and developing best practice responses at national level and working with experts to raise awareness on the issues associated with domestic abuse, including contributing to the consultations on the Domestic Abuse Bill.

Our impact for survivors and their children

Advance reached 20 years of service in 2018, supporting women to end violence and abuse. Thousands of women every year transform their lives with our services and this positively impacts on hundreds more children too.

The women we have supported told us that the support received has impacted them positively:

97% of women said that they felt safer as a result of support provided

95% of women said that they felt their quality of life and well-being had improved as a result of support received by the service

96% of women were at reduced risk following the support provided by the service

We enable women to be safer and develop a better quality of life by supporting women to end domestic abuse. In doing this, women achieve increased safety, more secure housing, improved confidence and self-esteem, and increased knowledge of their rights.

Across our services, the number of women and children being referred for support and using the service remains high and in 2018/19 Advance received 3,784 (2017/18 2,688) direct referrals across all projects. This year, we have also had 43 referrals from male survivors in Brent for the first time. Referrals were received from the survivors themselves, the MARAC, the Police, Social Care, Health, Housing agencies and other service providers.

Of those referred to Advance and met the criteria for the services 71% were contacted (2,694 in total – 1,611 in 2017/18) and 79% engaged with the services offered (2,034 in total – 1,283 in 2017/18).

We supported 1,872 (2017/18 1,051) children with their mothers affected by domestic abuse and directly, through individual and group support across our domestic abuse services.

Women referred to Advance were across all age groups and communities across the four Central and West London Boroughs that we delivered domestic abuse services to.

Advance reached 20 years of service in 2018, supporting women to end violence and abuse. Thousands of women every year transform their lives with our services and this positively impacts on hundreds more children too.
“See Her – Survival and Hope through Creativity”

Art exhibition by women survivors of domestic abuse and artist Rachel Gadsden

In November 2018, Advance and visual and performance artist, Rachel Gadsden held an exhibition of art created in collaboration by Rachel and women survivors of domestic abuse, supported by Advance. The art focused on the women celebrating survival and hope through creativity.

The pieces were created during a series of workshops organised by Advance and facilitated by Rachel.

The art created was displayed alongside Rachel’s own art inspired by the workshops and her other work with women survivors.

The Home Office’s Director of Public Protection gave a keynote address.

During the preview event, Rachel Gadsden and composer Freddie Meyers, delivered a live art and music performance inspired by the See Her art project, which expressed the challenges, survival and hope of women who have suffered domestic abuse.

During the event and in the following days, visitors had the opportunity to meet Advance’s staff and trustees, and some of the women survivors who participated in the workshops.

The art created is now displayed at Advance’s women centres in West and North East London.

“I want people to see that out of some of the most tragic circumstances, individuals can still do something really beautiful”  Rachel Gadsden

“We’ve got to get our own identity back and that’s what Advance do, they nurture you here”

“It [Advance support] was perfect, way more that I could ever imagine. She [IDVA] changed my life”

Advance  www.advancecharity.org.uk
Criminal Justice Services

Our Minerva programme continued to develop and expand its services available to women and young women from 15 years old of all levels of risk and need across London, reaching out to 1,284 women and young women with sentences in custody or in the community.

1284 direct referrals

Women are offered holistic, consistent support, meeting their individual needs over a longer period of time, empowering them to break the cycle of re-offending and preventing the breakdown of families. We do this through a whole-system and trauma-informed approach and provide:

- Assertive outreach in their own communities for women subject to probation supervision, through individual appointments in the community with specialist Minerva keyworkers, focusing on empowerment, providing support to recover from trauma and preventing re-offending.
- Development of individual and wraparound support specific to each woman that addresses all her needs and based on the pathways to offending. We provide one-to-one counselling, mentoring and group-work programs focusing on mental health and well-being, domestic abuse and other forms of abuse, problematic substance use issues, children and families, employability and finances, building networks, empowering women to access support for their needs and break the cycle of re-offending.
- Advocacy and support for women accessing local authority services for help, such as children’s services, housing, acute or mental health services, working in a coordinated community response with statutory agencies to provide an improved response to women involved in the criminal justice system.
- Specialist housing advocacy and support for women involved in the criminal justice system that, often, are or become homeless, in order improve the response and access to support by statutory services and organisations.
- Specialist support for young women aged 15 to 24, in order to improve engagement and access to support of statutory and other services, for this harder to reach group that have often experienced trauma and abuse themselves.
- Women’s Centre-based support, in a safe environment where women can address their needs in the way that they want. In addition to our West London centre, this year we opened a new women’s centre in North London, as well as local hubs across 15 boroughs, to enable our advocates to support women in their communities in a safe women-only space.

78% engaged with our services

Our impact for women and young women in the Criminal Justice System

We enable women to break the cycle of offending and develop a better quality of life by supporting them across their needs. In doing this, women achieve increased safety, improved confidence, self-esteem and life skills, and are better able to access the support that they need.

This year, we expanded our services by launching our Minerva WrapAround service across 15 London boroughs and extending our Minerva Community Rehabilitation service across 21 boroughs. Across our Minerva services, we received 1,284 (2017/18 – 757) referrals of women and young women from the age of 15 years old to our Minerva services.

Of the women referred to Advance who met the criteria for the services, 99% were contacted and 78% engaged with the services offered, which included one-to-one support of up to 18 months and specialist groups and workshops across our Minerva service delivered in partnership with seven specialist organisations. Our service provided tailored holistic support across each woman’s needs including employability, finances and debt, parenting and mental health.

The women we have supported through our Minerva service say that the support they received has impacted them positively, including:

90% women said that they felt safer as a result of support provided
88% of women reported more confident in gaining employment
98% of women reported an improved quality of life after being supported by our service
93% of women using our service reported reduction in drug and alcohol use
100% of women reported improved health and well-being
97% of women reported a positive change in their support needs as a result of using our services

We deliver systems changes by working in partnership within statutory and non-statutory settings, as well as with other organisations, through:

- Raising awareness of women involved in the criminal justice system and its impact on them and their communities, through workshops and individual consultation sessions with professionals in statutory and non-statutory settings, improving their response through a trauma-informed approach.
- Identifying and developing best practice responses, in partnership with the Mayor’s Office for Policing and Crime (MOPAC) and others to develop a response in diverting women from the criminal justice system through offering alternatives to custody, including accessing specialist women’s services in safe women-only spaces within the community.
- Assertive outreach in their own communities for women subject to probation supervision, through individual appointments in the community with specialist Minerva keyworkers, focusing on empowerment, providing support to recover from trauma and preventing re-offending.
- Development of individual and wraparound support specific to each woman that addresses all her needs and based on the pathways to offending. We provide one-to-one counselling, mentoring and group-work programs focusing on mental health and well-being, domestic abuse and other forms of abuse, problematic substance use issues, children and families, employability and finances, building networks, empowering women to access support for their needs and break the cycle of re-offending.
- Advocacy and support for women accessing local authority services for help, such as children’s services, housing, acute or mental health services, working in a coordinated community response with statutory agencies to provide an improved response to women involved in the criminal justice system.
- Specialist housing advocacy and support for women involved in the criminal justice system that, often, are or become homeless, in order improve the response and access to support by statutory services and organisations.
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- Women’s Centre-based support, in a safe environment where women can address their needs in the way that they want. In addition to our West London centre, this year we opened a new women’s centre in North London, as well as local hubs across 15 boroughs, to enable our advocates to support women in their communities in a safe women-only space.
Our goal is to reduce re-offending amongst women and young women by providing dedicated support services tailored to women’s needs.

Minerva services

Following the launch of Minerva WrapAround service, in March, we celebrated the opening of Advance's new Women's Centre in North East London - a women-only space for women and girls affected by the Criminal Justice System, supported by the Mayor's Office for Policing and Crime (MOPAC). To mark the occasion, a poetry event was held at the Centre where poems by women supported by Advance's Minerva service were performed and exhibited.

The poems were created in collaboration with spoken word poet, Shareefa Energy, who also performed her own poem inspired by the women and Advance's work.

Poem by Shareefa Energy

He chose me,
And I was happy.
I wanted to be his one and only.
His companion – his partner in crime.
But then it happened.
Insignificantly at first.
Don't wear that, you're too fat.
Vilification of character at its finest.
He was a pro.
He applied shackles,
At first thinly veiled as his caring nature and as my broken being and flawed perception of love.
Then solidifying into the steel doors and bars of Bronzefield.
Every bang of every door or command from an officer sending a whisper to my soul, that once again, my love was misplaced.
I was indeed serendipitous. I just looked for the wrong treasure.
He chose me because he saw my weakness. He could have kept me at my lowest. He could have.
But somehow from the deepest depths of me. A little voice kept whispering. You can do that, you're not so fat.
Chose yourself, start believing.
So he chose me because I'm money.
But I chose me, I'm leaving.

Poem by Woman supported by Advance

"You made such an amazing input into my journey"

"I feel like it’s a sign I should keep trying because you [Advance keyworker] came into my life and I feel I can talk to you"

"I feel everything starting to come together... thank you so much"

We were joined by Claire Waxman, London’s Victims’ Commissioner and Samantha Cunningham, Director of Criminal Justice Policy and Commissioning, MOPAC as our keynote speakers.

"Powerful, thought provoking and utterly compelling – thank you for sharing"
As Advance celebrated its 20th anniversary, we launched our Strategy for 2018 – 2022, which is aligned to our core values and theory of change, following consultation with our staff, stakeholders and our service-users. Our aim remains to continue to provide women and their families with support to be safe from abuse and violence and the turning point they need to change their lives.

In the first year of our five-year Strategy, we focused on our business plan to deliver our aims and objectives, as follows:

1. **Reach more women and their children experiencing domestic abuse or involved in the criminal justice system, by providing independent, non-judgemental support and advocacy through new referral pathways and improved access to services.**

   In our first year of our strategy, we focused on:
   
   > Extending our support to women throughout their journey from crisis to step-down and recovery, to meet their often multiple needs, through our holistic, trauma-informed Meeting Survivors Where They Are programme, as well as providing support to homeless women with multiple needs.
   
   > Continued to build on long-lasting meaningful partnerships with specialist criminal justice women’s organisations to deliver our Minerva WrapAround and Women Centre based services, as well as continuing to build on our Angelou Partnership for VAWG services in West London, as part of a coordinated community approach, that is informed by women’s voices and experiences.

2. **Engage with the community to raise awareness of violence against women and girls, to ensure our services meet their needs and gain support of our activities.** This year we launched our Peer Mentor programme, working with women with lived experiences, giving voice to the women and meeting their needs how they want through service-user engagement and peer mentors.

3. **Maximise our impact and public accountability through processes and practice that ensure we are an efficient and well-governed charity, which delivers high-quality services to women and children, their families and local communities.**

   In our first year of the strategy, we developed our new Advance Training Programme and built on our Impact and Evidence reporting, fostering a continuous learning environment. We also continued to raise awareness of our work and impact with policy-makers, donors and the public through events, consultations and briefings.

4. **Build strong financial fundamentals in response to challenges in funding environment and ensure long-term sustainability.** This year we developed and implemented our fundraising plan to diversify income streams and built our capacity in fundraising resources.
Delivering public benefit

The impact of Advance services on the lives of women and their families is significant. Women are reducing or stopping their offending; domestic violence incidents and risk is being reduced; safety is being increased, and the quality of life of women, children and young people using our services is being improved as a result.

During the year, we were also able to deliver public benefit through further development and innovation, by extending our services across new geographic areas and offering new services to women and children.

Working in Partnership to deliver specialist services and systems change

Advance works in partnership to achieve a coordinated community response to domestic violence, and to reduce and prevent women’s involvement in the criminal justice system.

Advance is an established member of strategic and operational domestic abuse and violence against women prevention partnerships across Hammersmith and Fulham, Westminster, Kensington & Chelsea, and Brent.

We lead and coordinate the Angelou partnership, a VAWG partnership of 10 specialist voluntary organisations delivering services to Women in the Criminal Justice System as part of the innovative Minerva WrapAround service across 15 North, East and West London boroughs.

We continue to build networks locally, regionally and nationally to help achieve our aim of supporting and empowering women. This includes being represented on the Home Office Violence Against Women and Girls Stakeholder Group, The Mayor of London’s Office for Policing and Crime (MOPAC) Female Offender and VAWG Strategic Boards, the London VAWG Consortium, and other relevant local, regional and national partnerships.

Supporting our activities

This year, Advance continued to face significant funding pressures and changes as a result of the commissioning landscape faced by the women’s sector. We have benefited from our work to strengthen our operational and financial management systems and processes, and this has placed us in an excellent position from which to maximise opportunities in 2018/19.

We have successfully extended our funding for the VAWG services in the four Central & West London boroughs and for the Minerva specialist interventions and groups work by MOPAC.

Funding sources

Following another year of significant funding pressures and changes to the commissioning landscape faced by the women’s sector, we have benefited from the work undertaken by the charity to strengthen our financial management systems, policies and procedures, enabling us to maximise opportunities that arose in 2018/19.

Our success in securing existing contracts and obtaining additional funding to extend service delivery into new areas demonstrates the confidence commissioners and funders have in our delivery and approach. Our fundraising strategy complements our success in achieving restricted funding by targeting designated and unrestricted funding towards our business services and other core costs.

The principal funding sources for the charity in 2018/19 were from the following:

- Borough of Westminster
- Department for Digital, Culture & Sports
- Department of Communities & Local Government
- Insurance Industry Charitable Foundation
- Mayor’s Office for Policing & Crime (MOPAC)
- SafeLives
- Treebeard Trust
- Women’s Aid
- Other donors
- Additional financial donations and contributions to help us support families using our services have been received from other donors.

Future developments

This year we worked with funders to expand our Domestic Abuse services, reaching more women across Central and West London and provide longer-term support across multiple and complex needs, including expanding our co-located service model.

We also continued to develop our Minerva services model by providing specialist groups in women-only safe spaces, in addition to the holistic trauma-informed support through one-to-one Minerva advocates, reaching women pan-London.

We have now successfully established service models that deliver earlier intervention and prevention work, as well as longer-term whole-system support to meet the needs of domestic survivors and women involved in the justice system, alongside our crisis intervention services.
Organisational Structure

Registered Company number
04064660 (England and Wales)

Registered Charity number
1086873

Registered office
PO BOX 74643, London, W6 6JU

Auditors
Knox Cropper LLP
65 Leadenhall Street
London EC3A 2AD

Bankers
CAF Bank Ltd
25 Kings Hill Avenue, Kings Hill,
West Malling, Kent ME19 4JQ

Trustees
Christine Losecaat, MBE Chair
Christine Mullin Treasurer
Pria Rai Chair, Governance, Risk and Human Resources Sub-Committee
Helen Arbon (Resigned as Treasurer and Chair of Finance, Fundraising and Business Development Sub-Committee, remains as Trustee)
Swatee Jasoria
Emily Midwood
Tallulah Perez-Sphar
Rebecca Egan (resigned 26 March 2019)
Louise Finer (resigned 03.June.2019)
Elizabeth Jones (resigned 26 March 2019)
Maria Sookias (resigned 10 September 2019)
Carole Easton (appointed 26 March 2019)
Anita Hamilton (appointed 26 March 2019)
Kate Parsley (appointed 26 March 2019)
Vanessa Challess (appointed 26 March 2019)

Senior Management
Niki Scordi Chief Executive

These accounts are a summary of information extracted from the full annual accounts. For further information or the full annual accounts, please contact Head office.
**Statement of Financial Activities**  
(Incorporating an Income and Expenditure Account)  
For the year ended 31 March 2019

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<tbody>
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<td>Income:</td>
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<td>Charitable activities</td>
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<td>3,383,869</td>
<td>3,421,485</td>
<td>2,430,486</td>
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<td>Investment income – Interest Receivable</td>
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<td>467</td>
<td>304</td>
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<td>Total incoming resources</td>
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<td>3,383,869</td>
<td>3,421,952</td>
<td>2,430,790</td>
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<td>Costs of Raising Funds:</td>
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<td>Fundraising costs</td>
<td>65,539</td>
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<td>65,539</td>
<td>35,598</td>
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<td>Expenditure on Charitable Activities</td>
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<td>3,354,707</td>
<td>3,354,790</td>
<td>2,161,444</td>
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<td>Total expenditure</td>
<td>65,622</td>
<td>3,354,707</td>
<td>3,420,329</td>
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<td>Net income / (expenditure)</td>
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<td>for the year</td>
<td>(27,539)</td>
<td>29,162</td>
<td>1,623</td>
<td>233,748</td>
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<td>Transfers between Funds</td>
<td>65,539</td>
<td>(65,539)</td>
<td>-</td>
<td>-</td>
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<td>Net Movement in Funds for the year</td>
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<td>(36,377)</td>
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<td>233,748</td>
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<td>Reconciliation of Funds</td>
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<td>Total Funds brought forward</td>
<td>476,149</td>
<td>246,178</td>
<td>722,327</td>
<td>488,579</td>
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<td>Total Funds carried forward</td>
<td>514,149</td>
<td>209,801</td>
<td>723,950</td>
<td>722,327</td>
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All income and expenditure derive from continuing activities.

**Balance Sheet – As at 31 March 2019**

Advance Advocacy and Non Violence Community Education  
Charity no. 1086873   Company no. 4064660

<table>
<thead>
<tr>
<th>Balance Sheet</th>
<th>At 31 March 2019</th>
<th>At 31 March 2018</th>
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</thead>
<tbody>
<tr>
<td>Fixed assets</td>
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<tr>
<td>Tangible assets</td>
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<td>Current assets</td>
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<tr>
<td>Debtors</td>
<td>453,446</td>
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<td>Cash at bank and in hand</td>
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<td>691,616</td>
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<td>1,057,552</td>
<td>988,163</td>
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<td>Liabilities:</td>
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<td>Creditors falling due within one year</td>
<td>(419,621)</td>
<td>(340,134)</td>
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<td>Net current assets</td>
<td>637,931</td>
<td>648,029</td>
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<td>Net assets</td>
<td>723,950</td>
<td>722,327</td>
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<td>Funds</td>
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<tr>
<td>Unrestricted income funds</td>
<td>514,149</td>
<td>476,149</td>
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<tr>
<td>Restricted funds</td>
<td>209,801</td>
<td>246,178</td>
</tr>
<tr>
<td></td>
<td>723,950</td>
<td>722,327</td>
</tr>
</tbody>
</table>

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies. Approved by the Trustees and authorised for issue on 10th September 2019 and signed on their behalf by

Christine Losecaat MBE, Chair  
Christine Mullin, Treasurer