



chrysalis

ADVICE CENTRE

**IS YOUR CURRENT PARTNER, EX-PARTNER
OR FAMILY MEMBER...**

- **Threatening or intimidating you?**
- **Controlling you?**
- **Physically, emotionally, financially or sexually abusing you?**
- **Stalking and/or harassing you?**
- **Forcing you to marry someone against your will?**

Free and confidential support for domestic abuse is available to all Brent residents over 16 years old including legal advice, housing and children and young persons' support.

Support is available:

- over the phone
- via video (Skype, WhatsApp, FaceTime, Zoom)
- in other languages if English is not your first language.

Tuesdays 9.30am-12.30pm

Call: 07398 454 898

Email: brent.admin@advancecharity.org.uk

www.advancecharity.org.uk/get-help

