



East Sussex Domestic Abuse Services

Advance provides free, confidential and non-judgemental support to anyone over the age of 16 experiencing domestic abuse across East Sussex.

We provide ongoing support and advocacy where it is needed to help you feel safer.

We can help with:

- Improving your safety
- Understanding your options and rights
- Accessing safer housing
- Ensuring your voice is heard by the services you need
- Court and the criminal justice processes
- Emotional and practical support
- Connecting you with other support services in the area

We can support you:

- Face to face
- Over the phone
- Via video call
- In other languages if English is not your first language



advance



Scan to find out more
about Advance



To speak to a member of the team:

Email:

EastSussexDA@advancecharity.org.uk

www.advancecharity.org.uk

Professionals can contact us to
find out more using the
above email address.



*You helped me a lot and you were with me through
this difficult time. You made me strong.
I am really grateful to you.*



We are available: Monday - Friday 9am - 5pm



EastSussexDA@advancecharity.org.uk



0330 0559278



www.advancecharity.org.uk/get-help