

# Our Work:

## Advance

Advance has supported 7,764 mothers and has indirectly supported 10,066 children in this last financial year. In our Brent services specifically, Advance supported 907 mothers in the last financial year and indirectly supported 1,437 children in the same time period.

## Children and Young People Sessions (CYP)

One-on-one support in the form of tailored sessions. Each session is tailored to the child or young person's needs and situation. All sessions utilise a trauma-informed approach and person-centred support.

## Holistic Support

We prioritise safeguarding and holistic working to support children and young people as best we can. Our services help the CYP develop healthy relationships, create safety plans to suit their individual needs and circumstances.

## A Safe Space

Our CYP service prides itself in providing a safe space for young people to talk, learn, and ask questions about domestic abuse and how it has affected them.



Together, we can ensure the safety and wellbeing of Children and Young People (CYP) living with the impact of Domestic abuse (DA).

advance



# Children and Young People Services

Direct work with young people aged 5–18, based in Brent, who have been impacted by domestic abuse. We provide support at each stage, meeting their needs along the road to recovery.



Referrals may be made by any individual, including professionals, parents or carers, and young people themselves, where they are of an appropriate age to self-refer.

**Please contact us at:**

 **Email Address:**

**[BrentCYPService@advancecharity.org.uk](mailto:BrentCYPService@advancecharity.org.uk)**

## Age Appropriate Sessions On:

- ▶ What is domestic abuse?
- ▶ Healthy relationships
- ▶ Youth empowerment
- ▶ Safety planning
- ▶ Understanding emotions

## Why We Are Needed

400,000 children are impacted by domestic abuse in the UK each year, including an estimated 23,000 children who disclose this impact in London each year\*.

In Brent, as of March 2023, 3,000 children were assessed as 'in need', with 13% of cases involving domestic abuse. Domestic abuse can take many forms, including:

- ▶ Physical Abuse
- ▶ Sexual Abuse
- ▶ Emotional Abuse
- ▶ Financial Abuse
- ▶ Online Abuse
- ▶ Psychological Abuse
- ▶ Religious/Cultural Abuse
- ▶ Stalking
- ▶ Harassment
- ▶ coercive control behaviours

Witnessing or experiencing domestic abuse can affect a child or young person's emotional wellbeing, confidence, relationships, and sense of safety. Children exposed to domestic abuse may experience trauma, anxiety, and difficulties building trust and healthy relationships.

**Please take all disclosures seriously.**

The latter figure is likely significantly higher.  
\*Early Intervention Foundation, London Assembly

## Who We Work With

Young people may witness domestic abuse at home and be further victimised by the perpetrator. It can also manifest in their own intimate relationships. Many of these children remain unheard and unsupported.

### Our criteria includes:

**Ages  
5-18**

**Based  
in  
Brent**

**Impacted by  
domestic  
abuse**

**Living separately  
from the alleged  
perpetrator**